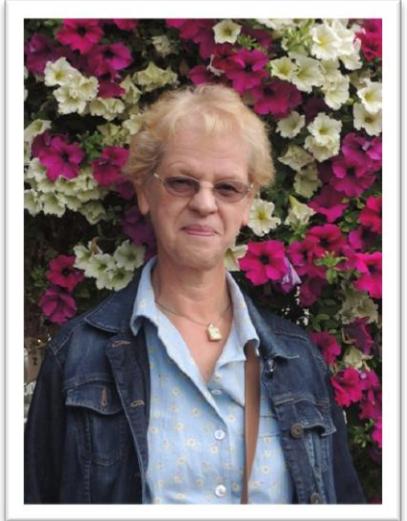


A note from Pastor Owen...

Praising God is a wonderful exercise. When you praise God, His presence comes into your life and He begins to transform both you and your circumstance. So if you want more of the Spirit of the Lord in your life, give more of yourself to praise and worship. As you go throughout your day, begin to praise Him for who He is and what He has done. Thank Him for making you a member of His *forever family*. Thank Him for specific things that have happened to you recently. For example...*'Thank you for that sale item I came across today in the store. Thank you for that heart-to-heart conversation with my daughter. Thank you for protecting me when that car ran the red light. Thank you, Lord, for the good sleep I had last night. I praise you God for being with me during this difficult time in my life'*. Once you get started being thankful, it's hard to stop. There's something contagious about praise. When you feel your life spiraling out of control, or a bad attitude creeping in, or if fear begins to gain the upper hand, begin to praise God. God wants you to walk in a spirit of worship...to live a lifestyle of praise. It's not just a Sunday thing...it's a way of life. Life can be delightful for you. Every day you can be joyful, jubilant, positive and full of strength when you begin with an attitude of praise for a loving Father.

Valley Church...

There's a place for you



*Equipped in the Spirit...Equipped in the Word
Going everywhere...meeting needs in Jesus Name*

September 9th, 2012

Lynn Valley Full Gospel Church
1160 E. 29th Street, North Vancouver V7K 1C2
Ph. (604)980-0307
E-Mail info@valleychurch.ca
Website: www.valleychurch.ca

Sunday at Valley Church...

Services at 9:00 & 11:00 am

Pastor Owen Scott will be speaking this morning. There is a supervised Mini-Kids Centre for children under 2 years. Nursery facilities available to mothers with babies.



Join us for a coffee & cookies on the patio!

Join us for coffee on the patio after the service today...a great chance to meet a new friend.



LET'S PLAY BALL!

Come and play softball on Sunday afternoons at 2 pm at Lynn Valley Park (corner of Lynn Valley Road and Argyle). No experience is necessary. All ages over 13 are welcome. Try to bring a glove and wear running shoes (no sandals!). If you'd rather not play, come and cheer us on! Talk to Margie (604.924-2418) for further info.

This week at Valley Church...

Young Adults Group (18-25)

6:00 pm on Monday evenings at 3510 Robinson Road. For info, contact Eric & Edina at 604.442.4673

ESL (English as a Second Language)

ESL will resume this Monday, September 10th at 7 pm. For info call Kay (604)986-2932 or Elaine (604)986-4288.

SOUL TREK (for youth)

Soul Trek will resume on Tuesday, September 11th. Contact Tim Shaw at (604) 980-0307 for further info.

Intercessory Prayer Group

Tuesday mornings at 9:30 am in the nursery - If you are a part of the Valley Church family, you are invited to join this group to pray each week. If you have a prayer request, please fill in the enclosed prayer card. The group also appreciates hearing about your answers to prayer!

Mom's Morning Out - Thursday mornings from 9:00 to 11:00 am resuming on September 13th. If your Thursday mornings are free and you would like to connect with other women, feel free to join us! Childcare is provided. For info, contact Kristina at kristina_kurtz@hotmail.com

Celebrate Recovery - Thursday evenings - Dinner served at 6 pm with 12 step groups for men and women. Phone Karl or Louisa at 604 984-0719 for details.

Grief Share - Saturday mornings at 10 a.m. Registration Fee - \$21.00. This week's video is entitled "The Journey of Grief". Contact Lillian Gorrie at lgorrie@shaw.ca

What's happening at Valley Church?

Check out Valley Church on our website & Facebook! Keep up to date with what's happening at Valley Church by visiting us on Facebook or checking out the new look on our website at www.valleychurch.ca

Last chance to retrieve lost items!

Some items of clothes and a number of water bottles were left here during the summer. Please check the coat rack beside the office to see if any of them are yours. Anything left after this Sunday will be taken to the Salvation Army.

Send in your photos! Please share some of your special summer moments with us by emailing us your favorite family photos to use in the bulletin and on our website.



CONNECTIONS Ministry

We're still in need of volunteers to work with our *Connections* Ministry. Contact Marcel or Katie if you are interested.

Photos on cover (clockwise from top left) – Michael & Dorothy Elwood in Glacier National Park; A view up Indian Arm from Rex Chequer's canoe (yes, those are Rex's feet!); Lillian Gorrie in Lynden, Washington; Glenda Zander and Bailee Horwood at the PNE with Global TV's Steve Darling