How did you hear about Valley Church?
Are you attending a Small Group? ☐ Yes ☐ No Group Leader's Name
I'M INTERESTED IN: ☐ Knowing how to commit my life to Christ ☐ Information on joining this church family ☐ Water Baptism ☐ NEWCOMERS DINNER (a place to get connected and find out what "makes us tick" at Valley Church)
I'd like to find out more about □ Children's Ministries □ High School Student Ministry □ Young Adults Ministry (18-23) □ Child Dedication □ ESL (English As A Second Language) □ Moms Morning Out □ Valley Church Small Groups
COMMENTS, REQUESTS OR PRAYER NEEDS: ☐ For Prayer Team ☐ Confidential

A note from Pastor Owen...

"In a world where sickness and disease and illness abound, it is important to do all we can do to promote wholeness and healing in our own bodies. I recently heard someone ask a medical doctor what the secrets of health are. He replied, 'Work and love'. He's right. We must have a creative activity in our lives and we must constantly love something and someone beyond ourselves. Whenever we live in a state of self-reference and self-preoccupation, we automatically set the stage for physical and mental problems to develop. Getting rid of 'stinking thinking' such as resentment, unforgiveness, root of bitterness or grudges will do much to promote health and vitality. Attitude determines altitude. Whenever we have a grateful and thankful attitude, we are always happier and healthier people. Perhaps the most health producing thing we can do to 'quicken our mortal bodies' (Romans 8:11 KJV) is simple to surrender all of our thoughts, attitudes and emotions to the control of the Holy Spirit. Confess your fears, anxiety, resentments, conflicts and self-centeredness. Allow the Holy Spirit to fill all of the hollow and empty places of your life with His healing and restoring power. When we are well within, we are usually well without. In the words of John, 'Beloved, I pray that all may go well with you and that you may be in good health, as it goes well with your soul' (3 John 2)."

Welcome to Valley Church



January 9th, 2011

Lynn Valley Full Gospel Church 1160 E. 29th Street, North Vancouver V7K 1C2 Ph. (604)980-0307 E-Mail <u>info@valleychurch.ca</u> Website: <u>www.valleychurch.ca</u>

Today at Valley Church...

Services at 9:00 & 11:00 a.m.

Pastor Owen Scott will be speaking this morning. Children's Ministry available – Toddler to age 12. Nursery facilities available to mothers with babies.



Baby Dedication...

James & Cindy Croston will be dedicating their daughter, Oceanna Aliane, to the Lord in the 11:00 am service. Oceanna

is the granddaughter of Brian & Shiela Croston.

Coffee & cookies on the patio

Join us for coffee on the patio after the 9:00 and 11:00 a.m. services today...a great chance to meet a new friend.

This week at Valley Church...

ESL (English as a Second Language)

ESL will resume on Monday, January 10th at 7 pm. Call Kay (604)986-2932 or Elaine (604)986-4288.

Intercessory Prayer Group

Tuesday mornings at 9:30 a.m. in the nursery. If you are a member of Valley Church, you are invited to join this group to pray each week. If you have a prayer request, please fill in the attached response form. The prayer groups also appreciates hearing about your *answers to prayer!*

SOULTREK FOR YOUTH

Tuesday evenings at 7:00 pm – resumes this week on January 10th. Contact Tim Shaw at (604) 980-0307 for information.

Mom's Morning Out

Thursday mornings from 9:00 to 11:00 am. Childcare provided. Contact Kristina at (604) 980-0307 for further info. It will resume on January 13th.

Celebrate Recovery will resume in January.

Contact Karl & Louisa for info at (604)984-0719.

YOUNG ADULTS GROUP (18-25)

Contact Andrew & Ruth Mitchell at mitchellweb@gmail.com or (604)980-5877 or Jamie Michalycia at (778) 847-4646 or jaymer@cheerful.com for further info.

Baptismal Service - Sunday, January 16th

If you would like to get baptized at that time, contact the church office at (604) 980-0307. There will be an instruction meeting this Tuesday, January 11th at 7:30 pm. in Pastor Owen's office.

For your information...



See the insert in today's bulletin for dates and registration information for the C2 program options running during the winter of 2011. For further information email to Attn C2 at info@valleychurch.ca

Watoto Children's Choir

We will be hosting a *Concert of Hope* by the *Watoto Children's Choir* in both the 9 & 11 a.m. services on Sunday, January 23rd. We will need 9 homes to billet the choir members in on Saturday night. Please contact Mel if you would like to host people in your home. See Mel at the back after the services today.

Mission Fest 2011

Mission Fest's theme this year is *What Does the Lord Require of You?*. It will be held at the Vancouver Convention Centre the weekend of January 28 to 30.

My Valley Church Response Card

PLEASE PRIN	ΙΤ		ate _				
Mr./Mrs./Miss/l	Ms.			□ Ne	w Ado	dress	
Name							
Address							
City	Postal Code						
Home Phone () _						
E-mail Address	·						
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Is this your □	1st Tim	ne? 🗖	2nd T	ime? □	3rd	Time?	
How long have	you be	een at	tendin	g?			
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(If a studen 1 2 3 4 5							
I am:	☐ Sir	ngle		Marrie	ed		
Names of children living at home & their birthdates:							