

Lynn Valley Full Gospel Church  
September 14<sup>th</sup>, 2014  
Speaker: Owen Scott

**Series: *Rest for Your Soul***

**Title: *Hindrances to a Healthy Soul***

**1) The problem of sin**

**2) Repentance and compassion**

- The *white flags* of surrender
- Psalm 139:23-24
- 2 Corinthians 7:10
- Psalm 51:4
- James 1:22,26
- 2 Samuel 12:7
- 1 John 1:8-10
- Psalm 51:7-12

**3) The power of self-examination**

- 2 Corinthians 13:5
- Ephesians 6 – “*belt of truth*”
- Psalm 51 – truth in the “*inward parts*”